

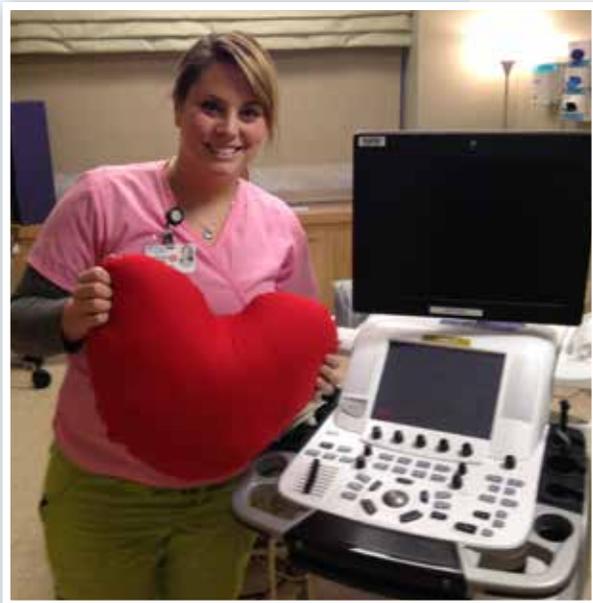


Saints Alive!

Miracles happen...
Because of YOU!



JANUARY/FEBRUARY 2017



How is Your Heart?

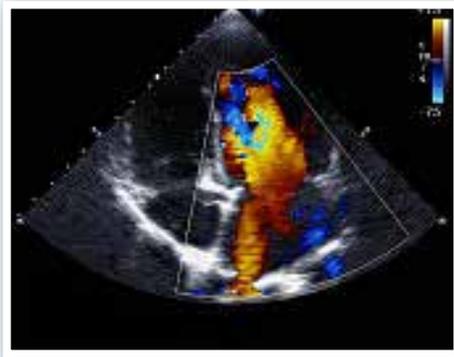
Join the Fight Against the #1 Killer in America

More than likely, you know someone – a friend, a neighbor, or a loved one – affected by heart disease. If you don't now, you probably will soon.

According to the American Heart Association, deaths from heart failure – and the number of Americans afflicted with heart disease – are on the rise. By 2030, 40 percent of adults in the United States – including those in northeastern Wisconsin – will suffer from heart disease.

The HSHS St. Vincent Hospital Heart Center is tracking these projections carefully and preparing to address this rising epidemic head on, but we will need help from generous and dedicated people like you in order to win the fight.

From state-of the art facilities, award-winning programs, and a hand sewn heart pillow for each heart surgery patient, our Heart Center is filled with life-saving measures funded by donors like you.



Thanks in part to your support, we have the space, the skills, and the specialists to turn the tide and win the fight against heart disease. What we need now to win the fight is the latest and best echocardiogram technology – our window into your heart.

An echocardiogram – or “echo” – is an ultrasound of the heart. Echoes allow our doctors to view the inner workings of a patient's heart – without having to break the skin. Almost every heart patient receives an echo. Echoes save lives. And they are more important than ever.

In order to ensure the growing number of heart patients who come to us for help have access to the latest – and greatest – procedures and treatments in the world, we need to upgrade to the latest and greatest echocardiogram technology.

February is American Heart Month, a great time to stand up and join us in the fight against heart disease by making a charitable gift to our Heart Center today.

Like the brave Sisters who founded our hospitals 128 years ago, we are reaching out to our friends in the community – like you – and asking them to help us bring this life-saving technology to our hospitals in Green Bay.

Edited by Matt Astleford.
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Please write to HSHS St. Vincent/
HSHS St. Mary's Hospitals at P.O. Box
11706, Green Bay, WI 54307-1706,
Attn: Development Department if you
wish to opt out of receiving future
fundraising requests supporting any of
these organizations.



Texting After TAVR

Donors Help Bring New Life-saving Procedure to HSHS St. Vincent Hospital

From state-of-the-art facilities, award-winning programs, and hand-sewn heart pillows for each heart surgery patient, the HSHS St. Vincent Hospital Heart Center is filled with life-saving measures funded by donors like you. Your generous gifts help us bring the best medical treatments from around the world to heart patients right here in Green Bay.

One of these treatments is a new procedure called trans catheter aortic valve replacement (or TAVR, for short). This life-saving procedure is performed on heart patients who need to have their aortic valve replaced but are not healthy enough to undergo traditional open-heart surgery.



Rather than opening up the patient's chest cavity, physicians in our Heart Center can now insert a small catheter into the large artery in a patient's upper thigh, guide it to the patient's heart, and replace their failing valve with a new, artificial valve. Isn't that incredible?

One of the first patients to undergo the procedure was a woman named Lou. At age 85, Lou loved to walk but began having trouble walking short distances, needing to stop often. Her heart valve was narrowing, causing her to feel weak and fatigued. "I didn't have much energy and felt short of breath," said Lou.

For the last three years, Lou has had an annual echocardiogram to outline the movement of her heart. In May 2016, Dr. Todd Fergus, Prevea Interventional Cardiologist, referred Lou to the Prevea Heart Valve Clinic to see Dr. John Seccombe, Prevea Health Cardiothoracic Surgeon. Dr. Seccombe determined Lou was a candidate for the new TAVR procedure.

Lou's procedure was a success – at age 85(!) – and she quickly reconnected with loved ones via text messages right after surgery, sharing how much better she already felt. "It's marvelous what they can do. I had my procedure on Tuesday and I was home on Thursday," Lou said.

Today, Lou is back doing the things she loves to do, including walking and spending time with her family.

In December, our Heart Center performed its 100th TAVR procedure. This is just the tip of the iceberg for us at the Heart Center and the patients in our care – thanks in part to generous people like you.

Thank you for making a difference!



A Ride Like No Other

Last June, the sound of motorcycles erupted in the air across eastern Shawano County. A group of jovial bikers had gathered together to embark on a ride with an extraordinary purpose: to raise money to help patients fighting cancer at the HSHS St. Vincent Hospital Regional Cancer Center.

Jean Wisniewski, owner of Journey's Bar & Grill in Pulaski, organized the ride. It has been held every year since 2009 to honor the memory of her father, John (Jackie) Wisniewski, who lost his life to cancer. "It's always a fun day," Jean says. "And it feels good to know the money we raise is being used to help local people fighting cancer, right here in Green Bay."



This fall, Jean held a special Packer's tailgate party at Journey's and donated all of the proceeds to the new HSHS St. Vincent Children's Hospital in honor of her young cousin, Carter Jon. "When my daughter was young, she received emergency care at St. Vincent," Jean says. "I'll never forget the great way they treated her and am more than happy to help the new Children's Hospital share that care with others."

Please join us in thanking Jean and all of the participants for their generous support of our hospital and the patients we serve!

From a Hospital Room Wedding to Philanthropists of a Lifetime

Bernie and Alyce Dahlin Recognized as Lifetime Philanthropists

Bernie and Alyce Dahlin began their relationship with HSHS St. Mary's Hospital in 1967 when Bernie was hospitalized for serious burns. It was twelve days before their wedding and undeterred by this unfortunate turn of events, they were married on their chosen date – in Bernie's hospital room! Alyce traded in her wedding gown for a hospital gown and they exchanged vows.

On November 18, 2016 Bernie and Alyce Dahlin were recognized by the Association of Fundraising Professionals, Northeast WI Chapter, as the 2016 Philanthropists of a Lifetime. This special award recognized Bernie and Alyce for a lifetime of giving to our communities.

Bernie and Alyce have supported our HSHS Hospitals and dozens of other area non-profit organizations for 30 years. Last year, they made donations to 25 separate charities in the greater Green Bay area. The Dahlins generosity overflows and they give for one reason – to make the future brighter for others.

Bernie and Alyce will soon experience another bright spot in their life together. On February 4, 2017 Bernie and Alyce will celebrate their 50th wedding anniversary. Once again, they honored HSHS St. Mary's Hospital with a generous gift in remembrance of their anniversary and the place where it all began!





SHARE Walk

The Share Pregnancy and Infant Loss Support (SHARE) program at HSHS St. Vincent Hospital held the 2nd Annual Walk to Remember event this past October. More than 500 people participated. Proceeds from the walk helps families affected by the unfortunate death of a child during pregnancy or shortly



after birth. The event kicked off with a special bubble release to honor the babies who were lost.

NOvember

Physicians, colleagues, committee members, family and friends recently participated in the Say Yes to "No"vember Challenge. Participants were encouraged to grow mustaches or beards to help raise funds and spark conversations about men's health. Proud trophy recipients were Dr. Ryan Peirce, winner of "Best Mustache" and Dr. Al Salmi, winner of "Best Beard". Thanks to all our participants!



Great Ways You Can Get Involved

1. Pray for Our Caregivers and Our Patients.

2. Volunteer. Volunteers are key members of the HSHS St. Vincent and HSHS St. Mary's Foundation. They help carry out our healing mission while demonstrating the hospital's core values through a variety of responsibilities. For more information, please contact **Volunteer Services at (920) 433-8561**.

3. Spread the News. Tell your friends and family members about the wonderful things that are happening at our hospitals – because of you!



Yes, I want to help provide compassionate, comprehensive care to my neighbors, friends, and loved ones!

Here is my gift of \$ _____

To be directed to: *(Please select one)* HSHS St. Vincent Hospital HSHS St. Mary's Hospital Medical Center

To be used for: *(Please select one)* Where most needed Other _____

Name _____

Address _____

City _____ State _____ Zip _____

I wish to remain anonymous

My check is enclosed

Please charge Master Card Visa Discover

Card Number _____

Expiration Date _____

Signature _____

3 Digit Code _____

You can also make a gift safely and securely online at svg.thankyou4caring.org or smg.thankyou4caring.org

Please make your check payable to the "HSHS St. Vincent/HSHS St. Mary's Foundation" and enclose it in the envelope provided. Your gift is tax-deductible to the full extent allowed by law. Thank you!